

Pine Lodge

BREAKFAST MENU

Tea, fruit or herb tea or Fresh filter coffee

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Various cereals or muesli

All butter croissants

Grapefruit segments or prunes

Selection of low fat yogurts

Chilled fruit juice

Fresh fruit

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Cornish pork sausage, bacon, fried free range egg, tomato, beans, local flat mushroom, black pudding or hogs pudding and fried bread

or

Smoked Cornish haddock with poached free range egg

or

Beans on toast

or

Free range eggs either boiled, scrambled, or poached on toast

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Toasted Kingsmill white or wholemeal bread with
'Boddingtons Berries' Cornish jams and marmalade